



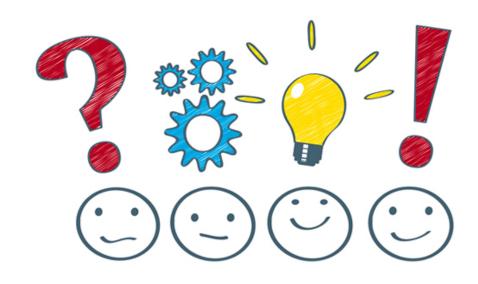


Silver Linings:

Can PHE thrive in the new normal?

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NETFLIX









Free PSD File









Social Network Icons































































The Problem In Physical Education

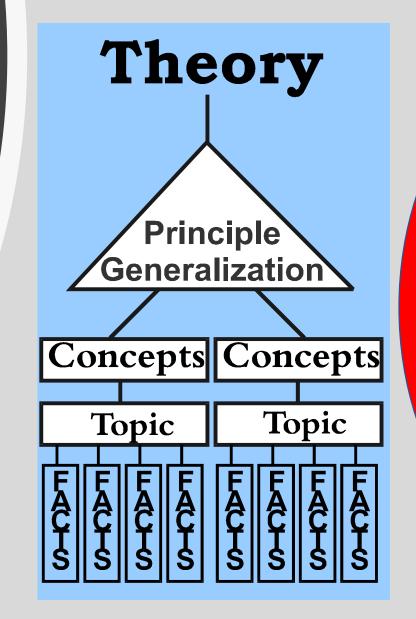
 The practice of physical education has focused primarily on the transmission of de-contextualized sport techniques to large classes of children who possess a range of interests and abilities where learning rarely moves beyond introductory levels.

Physical Education Futures: Dr. David Kirk, University of Bedfordshire

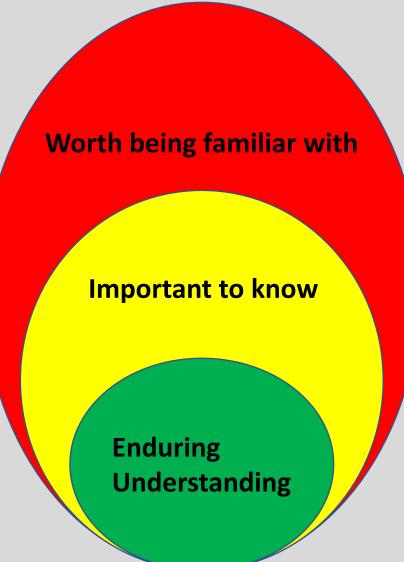




Learning ≠ Understanding



The Structure of Knowledge, Dr. Lynn Erickson



Backwards Design, Wiggins & McTighe

The eLearning Challenges

- Remote environment
 - Receive weekly instruction & assignments
 - Login when required
 - Complete assignments during the week
 - Communicate with students as necessary
 - Independently motivate themselves
 - Minimal to no equipment
 - No safe space for physical activity



Bloom's Taxonomy

Engaging the Digital Learner

- Fitness activities, videos, trainers
- Fitness-based games, calendars
- Challenges
 - Fitness
 - FMS
 - Physical Activity
 - DIY Activities



Produce new or original work

Design, assemble, construct, conjecture, develop, formulate, author, investigate

Justify a stand or decision

Appraise, argue, defend, judge, select, support, value, critique, weigh

Draw connections among ideas

Differentiate, organize, relate, compare, contrast, distinguish, examine, experiment, question, test

Use information in new situations

Execute, implement, solve, use, demonstrate, interpret, operate, schedule, sketch

Explain ideas or concepts

Classify, describe, discuss, explain, identify, locate, recognize, report, select, translate

Recall facts and basic concepts

Define, duplicate, list, memorize, repeat, state

Engaging the Digital Learner

- Inquiry Based Learning
 - Backwards Design
 - Crafting Essential Questions
 - What should we eat?
 - Can anyone be an athlete?
 - Why does how I feel affect others?
 - What's the toughest part about being a teen?
- Project Based Learning
 - Create a poster to avoid catching covid
 - Create a video clip on "how to get better at <insert FMS>"
 - Design a fitness program for your parents
 - Create a documentary on why teens don't exercise
- Student Portfolio



Questions



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